

Flow Festival's restaurant selection provides world-class flavours

This year's festival offers an unforgettable setting of flavours influenced by cuisines worldwide. Whether it is street food, fine dining, fusion kitchen, New York-style pizza, or Ethiopian cuisine, high-quality products will provide dishes for every possible taste. Following the same principle as in previous years, all red meat and poultry are excluded from the restaurant's menus, and every restaurant will provide at least one vegan dish.

Earning their first Michelin-star this May with their restaurant The Room, restaurateur **Kozeen Shiwan** manifests a fine dining collaboration with **Oatly** in the form of a sit-down restaurant with pre-festival reservations, available only at Flow.

Many favourites return to the festival, such as the Italian-style **Fiasco?** and **Shinobi**, the Japanese cuisine combining contemporary and classical styles. Among the Flow debutants are **N4KU**, a Vietnamese restaurant renowned for its delicious bánh mi dishes, **Outo**, chosen one of Finland's top 50 restaurants, and the fusion kitchen **Karppi**. For the first time, Gold Area has its own restaurant, the inspiring vegan fine dining restaurant **Magu**.

Among some of the first-timers at Flow, **Pretty Boy** offers delicious no-chicken dishes, Kallio-based **Skiffer** delivers its renowned pizza planks, **Bites Burger** composes delightful burgers with black bean and mushroom steaks, and **Slicemonger** brings up the atmosphere with its New York-style pizza slices. Furthermore, **Huuva** offers a variety of dishes from pizzas to burgers, and top chef **Mikko Kaukonen** has constructed a menu of delicious sandwiches for **Vaasan Sandwich Club**.

Way Bakery and **Teemu Aura's Pullabiili**, which are both known for their delicious pastries, serve desserts, and numerous cafes, including Inka Paahtimo and Stockfors Coffee, provide visitors with quality coffee. Ape Gelato and 3 Kaveria, among others, serve ice cream, the classic of a hot summer festival day.

Flow Festival brings a diverse collection of drinks to the festival. The selection includes delicious champagne, quality wines, and several products by small-breweries with refreshing non-alcoholic options.

The renewed Sustainable Food competition reviews Flow Festival's restaurants' menus from the perspectives of sustainability and flavours. Three restaurants will be chosen for the final, and a jury appointed by Flow will judge the finalists. The combination of sustainability points received and the jury's evaluation will determine the winner.

Flow Festival is one of the numerous events of Feast Helsinki, which promotes the flavours, makers, and events of Helsinki this year. Together with local restaurant, travel and event industries, The City of Helsinki has compiled over

200 food and beverage experiences for the Feast Helsinki year that invite visitors to explore the city's diverse world of flavours. Read more about the events [here](#).

Flow Festival's 20th anniversary restaurants in 2024 are: Addis Ethiopian Kitchen, Adzika Georgian Street Kitchen, Ape Gelato, Bali Brunch, Bites Burgers, Buli Foodtruck, Bumtsi Buni, Calamari by Pobre, Casa Moro, Crusty Pizza, Dub Burger, Fafa's, Fiasco?, Fisú & ranet, Herkkä Hot Dog, Huuva, Inka Paahtimo, Kamome, Karppi, Kimchi Fries, Kosilkka, Lavazza Coffee Bar, Levant, Loi Loi, Lopez Tacos, Magu, Momo House, N4KU, Noodle Story, Oatly + Kozeen fine-dine pop-up, Ônam, Outo, Pretty Boy, Pupu, Vaasan Sandwich Club, Satama Bistro, Seksico Tacos, Shinobi, Skiffer, Slicemonger, Social Burgerjoint, Soft Serve & Coffee by Oatly, Stockfors Coffee, Sushibar + Wine, Patisserie Teemu Auran Pullabiili, Thai Papaya, and Way Bakery.

Read more about Flow Festival's restaurants [here](#).

Flow Festival's 20th anniversary is celebrated in Helsinki, Finland, from August 9th to 11th, 2024. Flow Festival 2024 main partner is Heineken. Partners are Lanson, Vaasan, Tietoevry Create, Finnair Visa, Cult, and the City of Helsinki, media partners Clear Channel, Helsingin Sanomat, Finnkino, Radio Helsinki, and Resident Advisor, and production partners Creative Technologies and Stopteltat.

www.flowfestival.com

www.instagram.com/flowfestivalhelsinki

www.facebook.com/FlowFestival

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Tickets:

<https://www.flowfestival.com/en/tickets/>

1-day ticket (FRI): 149 €

1-day ticket (SAT): SOLD OUT

1-day ticket (SUN): 129 €

2-day ticket (FRI+SAT FULLY BOOKED, SAT+SUN): 219 €

2-day ticket (FRI+SUN): 199 €

3-day ticket: 249 €

1-day Gold ticket: 229 €

3-day Gold ticket: 399 €

Prices are applicable for the time being. Prices include the service charge.

Press photos: <https://www.flowfestival.com/en/flow-festival/media/>

Media accreditation: <https://gest.fi/customers/aedhjf/6209?lang=en>

Additional information:

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